

'Tough Training Is Helpful' - - - Say Army Fellows

Following closely in the steps of army physical training routine has been the aim of Prof. Wesley Walls, physical education instructor, as he has complied with government war regulations by giving every physically fit fellow rigid daily exercise.

Training hasn't seemed hard though when it's been mixed with a smile, variety and student direction. All this entered into the daily classes which every student attended throughout the quarter.

Class instruction has included regular periods of muscle development with emphasis upon exercise of all parts of the body.

About half of the training periods have been spent in basketball scrimmage or in volleyball.

ARMY TRAINING

Definite reports received from SPC fellows who have been in

training here and are now in the service reveal almost identical comment: that they really needed what they got here and it "sure helped a lot."

John Wedin writes Dean Moyer, "They've been working us pretty hard here lately but an awful lot of the fellows are in the hospital. The physical education I took at college sure has helped here. They used almost all of the same exercises as we use here."

Clarence Hunter writes that he has found his training here very valuable in adjusting himself to the routine life of the service.

It's a big job keeping the program straight and insuring the interest of all, but that's the credit which should necessarily fall to Coach Walls for he has done just that.

He Trains 'Em



WESLEY WALLS

Intramural Basketball

Box scores for 12 of this season's basketball games picture a very successful campaign for the varsity squad. Marshall Adams, an outstanding athlete in all SPC sports, leads the scoring parade with 129 points to his credit, that is about $10\frac{3}{4}$ points per game. Hot on his trail is Gilbert "Beautiful" Koller with an aggregate of 124 points, or $10\frac{1}{3}$ counters per contest. (That nickname declares the team not only describes Mr. Koller's appearance, but also that long, high one handed shot he makes continually.)

Captain George Dailey is third in line, with a grand total of 104, or a 9.1 average. Gordon Smith has 49 points in 12 games, or 4.1 per contest. Dale Burklund has

37 counters for 10 games, making a 4.5 average per contest. Tommy Nordvedt has 31 points for seven starts, and Bill Myron has garnered 7 for his total. Dave Abbot completes the varsity list with 8 counters.

An imposing string of victories has been established by this year's varsity basketball squad, eight consecutive wins. In the available records of nine of the games, the Falcons have scored 497 points, or nearly $45\frac{1}{2}$ per game, as compared to the opposition's grand total of 324 points, or 36 per contest. This gives the Seattle Pacific regulars a ten point margin over the average score of the opposing teams.

FLASH

We always knew that Larry (debator) Arlander had a big mouth but never quite realized the size of his feet. We've got a big one on him, though. He doesn't know that we've snooped around and found this little story about him.

When Larry was first inducted into the army he was kept at Fort Lewis for more than two weeks before receiving further orders. Prying eyes and ears made it impossible for Larry to keep the reason a secret. All this waiting was for a very "special" package from back east. The content—when it finally arrived—was proven to be one pair army regulation shoes, size 10 double E.